

USA MARTIAL ARTS & FITNESS RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT

USA Martial Arts & Fitness, Ltd.
3919 North Hillcrest Street
Wichita, KS 67220

I, for and in consideration of the instruction and programs to be given to me by USA Martial Arts & Fitness Ltd., it's owners, employees, and instructors, do hereby agree and promise:

- 1 That I am (of legal age to execute this agreement of that it has been approved and entered into by my parent or legal guardian), under no physical disability, in good health and am fully able to read and understand the contents and nature of this release liability.
- 2 I agree to follow and obey, to the best of my ability, all instruction in self-defense and physical fitness given me by, USA Martial Arts & Fitness Ltd., it's owners, employees, and instructors.
- 3 My reason for enrolling in the courses offered by the aforesaid USA Martial Arts & Fitness Ltd., and in receiving the instruction necessary of incidental thereto, is for the sole and only purpose of self-defense and physical fitness. It is not the purpose nor intent to use anything taught to me or learned by me to injure, attack or threaten anyone.
- 4 I grant permission in case of injury to have a doctor, nurse, athletic trainer or other medical emergency personnel provide me with medical assistance for such injury.

For and in consideration of the above and foregoing, I hereby, now and forever, promise and do release and hold harmless, USA Martial Arts & Fitness Ltd., it's owners, employees, instructors, from any and all liability, including, but not limited to, my personal injury resulting from or incidental to, any of the instruction, exhibitions, practice or physical activity in which I may be engaged or in any way involved, while attending the aforesaid courses and instruction, or while I am on the premise where such instruction is or may be given.

I do hereby agree to indemnify and hold harmless USA Martial Arts and Fitness Ltd., its owners, employees, and instructors, from all liability, which may result or arise from my involvement or participation in any program offered by USA Martial Arts & Fitness Ltd.

I further agree that any pictures or video taken of or by me can be used for the publicity or promotion by USA Martial Arts & Fitness Ltd. without compensation at this or any other time.

ADULT PARTICIPANT:

Name of Participant (Print)

Participant Signature

Date

MINOR PARTICIPANT:

I/We the parent(s) or legal guardian(s) of this minor have instructed or will instruct the minor participating to the above warning and conditions and their ramifications and I/We additionally confirm and agree to all of the above statements, conditions, waivers, and releases and consent to this minor's participation.

Name of Participant (Print)

Name of Parent and/or Guardian (Print)

Parent and/or Guardian Signature

Date